



SOUTH GATE HIGH SCHOOL

“HOME OF THE MIGHTY RAMS”

Local Community Mental Health Agencies

Meet with a mental health therapist, usually once per week. **During Covid-19 Pandemic meetings are via Telehealth** (phone, zoom or another platform)

ST. FRANCIS CHILDREN’S COUNSELING CENTER

4390 Tweedy Blvd., South Gate 90280, (310) 603-6949
3630 E. Imperial Highway, Lynwood 90262, (310) 900-8490

ENKI YOUTH AND FAMILY SERVICES

6635 Florence Avenue, Suite 101, Bell Gardens, 90201, (323) 647-6740

SAN ANTONIO MENTAL HEALTH CENTER

2629 Clarendon Avenue, Huntington Park, 90255, (323) 584-3700

TESSIE CLEVELAND COMMUNITY SERVICES COORPORATION

8019 South Compton Ave., LA 90001, (323) 586-7333

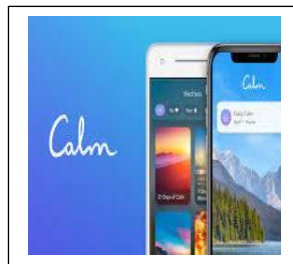
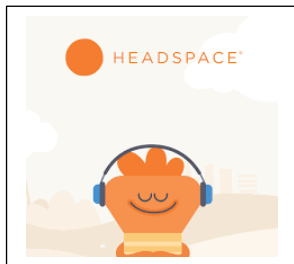
CRISIS TEXT LINE |

Hotlines

Text HOME to 741741 in the US, 24 hours

- 911 for Immediate Assistance
- *CA Youth Crisis Line (800) 843-5200, 24 hours*
- *National Suicide Prevention Lifeline (800) 273-8255*
- *TEEN LINE (310) 855-HOPE - a teen-to-teen hotline*
- *The Trevor Project (866) 488-7386 – 24-hour crisis line for LGBTQ youth*
- *LAUSD Mental Health Hotline (213) 241-3840 - Mon-Fri 6am- 6pm*

Mobile Apps



Remember most people who make a suicide attempt, talk about it first. If someone you know talks about suicide – Always Listen, Always Believe Them and Always Get HELP.

Please reach out if I can help – Flavia Cabrera-Rodgers, Psychiatric Social Worker, email fcc8886@lausd.net, Google Voice (949) 464-8509.